

2019 Central Coast Little Athletics Zone Program

Saturday 30 November Track Events - First Call 7.45am

| Event # | Age Group | Event | H/F | Event # | Age Group | Event | H/F |
|---------|-----------|--------------|-------|---------|-----------|-------------|-------|
| T1 | U17 Girls | 1500M Run | Final | T62 | U13 Boys | 100M Sprint | Heats |
| T2 | U17 Boys | 1500M Run | Final | T63 | U14 Girls | 100M Sprint | Heats |
| T3 | U15 Girls | 1500M Run | Final | T64 | U14 Boys | 100M Sprint | Heats |
| T4 | U15 Boys | 1500M Run | Final | T65 | U15 Girls | 100M Sprint | Heats |
| T5 | U14 Girls | 1500M Run | Final | T66 | U15 Boys | 100M Sprint | Heats |
| T6 | U14 Boys | 1500M Run | Final | T67 | U17 Girls | 100M Sprint | Heats |
| T7 | U13 Girls | 1500M Run | Final | T68 | U17 Boys | 100M Sprint | Heats |
| T8 | U13 Boys | 1500M Run | Final | T69 | U8 Girls | 400M Run | Final |
| T9 | U12 Girls | 1500M Run | Final | T70 | U8 Boys | 400M Run | Final |
| T10 | U12 Boys | 1500M Run | Final | T71 | U9 Girls | 400M Run | Final |
| T11 | U11 Girls | 1500M Run | Final | T72 | U9 Boys | 400M Run | Final |
| T12 | U11 Boys | 1500M Run | Final | T73 | U10 Girls | 400M Run | Final |
| T13 | U8 Girls | 60M Hurdles | Heats | T74 | U10 Boys | 400M Run | Final |
| T14 | U8 Boys | 60M Hurdles | Heats | T75 | U11 Girls | 400M Run | Final |
| T15 | U9 Girls | 60M Hurdles | Heats | T76 | U11 Boys | 400M Run | Final |
| T16 | U9 Boys | 60M Hurdles | Heats | T77 | U12 Girls | 400M Run | Final |
| T17 | U10 Girls | 60M Hurdles | Heats | T78 | U12 Boys | 400M Run | Final |
| T18 | U10 Boys | 60M Hurdles | Heats | T79 | U13 Girls | 400M Run | Final |
| T19 | U11 Girls | 80M Hurdles | Heats | T80 | U13 Boys | 400M Run | Final |
| T20 | U11 Boys | 80M Hurdles | Heats | T81 | U14 Girls | 400M Run | Final |
| T21 | U12 Girls | 80M Hurdles | Heats | T82 | U14 Boys | 400M Run | Final |
| T22 | U12 Boys | 80M Hurdles | Heats | T83 | U15 Girls | 400M Run | Final |
| T23 | U13 Girls | 80M Hurdles | Heats | T84 | U15 Boys | 400M Run | Final |
| T24 | U13 Boys | 80M Hurdles | Heats | T85 | U17 Girls | 400M Run | Final |
| T25 | U14 Girls | 80M Hurdles | Heats | T86 | U17 Boys | 400M Run | Final |
| T26 | U14 Boys | 90M Hurdles | Heats | T87 | U7 Girls | 100M Sprint | Final |
| T27 | U15 Girls | 90M Hurdles | Heats | T88 | U7 Boys | 100M Sprint | Final |
| T28 | U15 Boys | 100M Hurdles | Heats | T89 | U8 Girls | 100M Sprint | Final |
| T29 | U17 Girls | 100M Hurdles | Heats | T90 | U8 Boys | 100M Sprint | Final |
| T30 | U17 Boys | 110M Hurdles | Heats | T91 | U9 Girls | 100M Sprint | Final |
| T31 | U8 Girls | 60M Hurdles | Final | T92 | U9 Boys | 100M Sprint | Final |
| T32 | U8 Boys | 60M Hurdles | Final | T93 | U10 Girls | 100M Sprint | Final |
| T33 | U9 Girls | 60M Hurdles | Final | T94 | U10 Boys | 100M Sprint | Final |
| T34 | U9 Boys | 60M Hurdles | Final | T95 | U11 Girls | 100M Sprint | Final |
| T35 | U10 Girls | 60M Hurdles | Final | T96 | U11 Boys | 100M Sprint | Final |
| T36 | U10 Boys | 60M Hurdles | Final | T97 | U12 Girls | 100M Sprint | Final |
| T37 | U11 Girls | 80M Hurdles | Final | T98 | U12 Boys | 100M Sprint | Final |
| T38 | U11 Boys | 80M Hurdles | Final | T99 | U13 Girls | 100M Sprint | Final |
| T39 | U12 Girls | 80M Hurdles | Final | T100 | U13 Boys | 100M Sprint | Final |
| T40 | U12 Boys | 80M Hurdles | Final | T101 | U14 Girls | 100M Sprint | Final |
| T41 | U13 Girls | 80M Hurdles | Final | T102 | U14 Boys | 100M Sprint | Final |
| T42 | U13 Boys | 80M Hurdles | Final | T103 | U15 Girls | 100M Sprint | Final |
| T43 | U14 Girls | 80M Hurdles | Final | T104 | U15 Boys | 100M Sprint | Final |
| T44 | U14 Boys | 90M Hurdles | Final | T105 | U17 Girls | 100M Sprint | Final |
| T45 | U15 Girls | 90M Hurdles | Final | T106 | U17 Boys | 100M Sprint | Final |
| T46 | U15 Boys | 100M Hurdles | Final | T107 | U11 Girls | 1100M Walk | Final |
| T47 | U17 Girls | 100M Hurdles | Final | T108 | U11 Boys | 1100M Walk | Final |
| T48 | U17 Boys | 110M Hurdles | Final | T109 | U10 Girls | 1100M Walk | Final |
| T49 | U7 Girls | 100M Sprint | Heats | T110 | U10 Boys | 1100M Walk | Final |
| T50 | U7 Boys | 100M Sprint | Heats | T111 | U9 Girls | 700M Walk | Final |
| T51 | U8 Girls | 100M Sprint | Heats | T112 | U9 Boys | 700M Walk | Final |
| T52 | U8 Boys | 100M Sprint | Heats | T113 | U12 Girls | 1500M Walk | Final |
| T53 | U9 Girls | 100M Sprint | Heats | T114 | U12 Boys | 1500M Walk | Final |
| T54 | U9 Boys | 100M Sprint | Heats | T115 | U13 Girls | 1500M Walk | Final |
| T55 | U10 Girls | 100M Sprint | Heats | T116 | U13 Boys | 1500M Walk | Final |
| T56 | U10 Boys | 100M Sprint | Heats | T117 | U14 Girls | 1500M Walk | Final |
| T57 | U11 Girls | 100M Sprint | Heats | T118 | U14 Boys | 1500M Walk | Final |
| T58 | U11 Boys | 100M Sprint | Heats | T119 | U15 Girls | 1500M Walk | Final |
| T59 | U12 Girls | 100M Sprint | Heats | T120 | U15 Boys | 1500M Walk | Final |
| T60 | U12 Boys | 100M Sprint | Heats | T121 | U17 Girls | 1500M Walk | Final |
| T61 | U13 Girls | 100M Sprint | Heats | T122 | U17 Boys | 1500M Walk | Final |

2019 Central Coast Little Athletics Zone Program

Saturday Field First Call 7.45am

| Event # | Age Group | Event | H/F |
|---------------------------|-----------|--------------|-------|
| F1 | U11 Boys | Discus | Final |
| F2 | U10 Girls | Discus | Final |
| F3 | U9 Girls | High Jump | Final |
| F4 | U14 Boys | High Jump | Final |
| F5 | U17 Boys | Shot | Final |
| F6 | U11 Girls | Shot | Final |
| F7 | U13 Boys | Triple Jump | Final |
| F8 | U14 Girls | Long Jump | Final |
| F9 | U7 Girls | Long Jump | Final |
| F10 | U15 Girls | Javelin* | Final |
| F11 | U17 Girls | Javelin* | Final |
| Not Before 9.00am | | | |
| F12 | U10 Boys | Shot | Final |
| F13 | U8 Boys | Shot | Final |
| F14 | U7 Boys | Discus | Final |
| F15 | U14 Girls | Discus | Final |
| F16 | U9 Boys | High Jump | Final |
| F17 | U13 Girls | High Jump | Final |
| F18 | U15 Boys | Triple Jump* | Final |
| F19 | U17 Boys | Triple Jump* | Final |
| F20 | U12 Girls | Long Jump | Final |
| F21 | U17 Girls | Long Jump | Final |
| F22 | U12 Boys | Javelin | Final |
| Not Before 10.00am | | | |
| F23 | U14 Boys | Shot | Final |
| F24 | U9 Girls | Shot | Final |
| F25 | U15 Girls | Discus | Final |
| F26 | U13 Boys | Discus | Final |
| F27 | U11 Girls | High Jump | Final |
| F28 | U12 Boys | Triple Jump | Final |
| F29 | U11 Boys | Long Jump | Final |
| F30 | U10 Girls | Long Jump | Final |
| F31 | U13 Girls | Javelin | Final |
| Not Before 11.00am | | | |
| F32 | U7 Girls | Shot | Final |
| F33 | U15 Boys | Shot | Final |
| F34 | U17 Girls | Discus | Final |
| F35 | U9 Boys | Discus | Final |
| F36 | U12 Girls | High Jump | Final |
| F37 | U10 Boys | Long Jump | Final |
| F38 | U7 Boys | Long Jump | Final |
| F39 | U14 Boys | Javelin | Final |
| F40 | U11 Girls | Triple Jump | Final |
| Not Before 12.00pm | | | |
| F41 | U12 Girls | Discus | Final |
| F42 | U8 Girls | Discus | Final |
| F43 | U15 Girls | Long Jump | Final |
| F44 | U13 Boys | Long Jump | Final |
| F45 | U13 Girls | Shot | Final |
| F46 | U12 Boys | Shot | Final |
| F47 | U14 Girls | Triple Jump | Final |
| F48 | U11 Boys | Javelin | Final |
| F49 | U15 Boys | High Jump* | Final |
| F50 | U17 Boys | High Jump* | Final |

Sunday Field First Call 7.45am

| Event # | Age Group | Event | H/F |
|---------------------------|--------------|----------------|-------|
| F51 | U13 Girls | Discus | Final |
| F52 | U17 Boys | Discus | Final |
| F53 | U10 Girls | High Jump | Final |
| F54 | U14 Girls | High Jump | Final |
| F55 | U15 Girls | Shot | Final |
| F56 | U13 Boys | Shot | Final |
| F57 | U11 Boys | Triple Jump | Final |
| F58 | U9 Boys | Long Jump | Final |
| F59 | U14 Boys | Long Jump | Final |
| Not Before 9.00am | | | |
| F60 | U8 Girls | Shot | Final |
| F61 | U12 Girls | Shot | Final |
| F62 | U11 Girls | Discus | Final |
| F63 | U15 Boys | Discus | Final |
| F64 | U10 Boys | High Jump | Final |
| F65 | U13 Boys | High Jump | Final |
| F66 | U15 Girls | Triple Jump* | Final |
| F67 | U17 Girls | Triple Jump* | Final |
| F68 | U7-U17 Boys | AWD Long Jump* | Final |
| F69 | U7-U17 Girls | AWD Long Jump* | Final |
| F70 | U12 Boys | Long Jump | Final |
| F71 | U14 Girls | Javelin | Final |
| Not Before 10.00am | | | |
| F72 | U7 Boys | Shot | Final |
| F73 | U9 Boys | Shot | Final |
| F74 | U7 Girls | Discus | Final |
| F75 | U14 Boys | Discus | Final |
| F76 | U12 Boys | High Jump | Final |
| F77 | U12 Girls | Triple Jump | Final |
| F78 | U17 Boys | Long Jump | Final |
| F79 | U9 Girls | Long Jump | Final |
| F80 | U11 Girls | Javelin | Final |
| Not Before 11.00am | | | |
| F81 | U11 Boys | Shot | Final |
| F82 | U10 Girls | Shot | Final |
| F83 | U10 Boys | Discus | Final |
| F84 | U7-U17 Boys | AWD Discus* | Final |
| F85 | U7-U17 Girls | AWD Discus* | Final |
| F86 | U13 Girls | Triple Jump | Final |
| F87 | U15 Boys | Long Jump | Final |
| F88 | U8 Boys | Long Jump | Final |
| F89 | U17 Girls | High Jump | Final |
| F90 | U13 Boys | Javelin | Final |
| Not Before 12.00pm | | | |
| F91 | U14 Boys | Triple Jump | Final |
| F92 | U9 Girls | Discus | Final |
| F93 | U12 Boys | Discus | Final |
| F94 | U8 Girls | Long Jump | Final |
| F95 | U11 Girls | Long Jump | Final |
| F96 | U17 Girls | Shot | Final |
| F97 | U14 Girls | Shot | Final |
| F98 | U11 Boys | High Jump | Final |
| F99 | U15 Boys | Javelin* | Final |
| F100 | U17 Boys | Javelin* | Final |
| Not Before 1.00pm | | | |
| F101 | U13 Girls | Long Jump | Final |
| F102 | U8 Boys | Discus | Final |
| F103 | U12 Girls | Javelin | Final |
| F104 | U15 Girls | High Jump | Final |



2019 Central Coast Little Athletics Zone Program

Sunday 1 December Track Events - First Call 7.45am

| Event # | Age Group | Event | H/F | Event # | Age Group | Event | H/F |
|---------|--------------|-----------------|-------|---------|--------------|-----------------|-------|
| T123 | U13 Boys | 3000M Run | Final | T173 | Senior Girls | Relay | Final |
| T124 | U13 Girls | 3000M Run | Final | T174 | Senior Boys | Relay | Final |
| T125 | U14 Boys | 3000M Run | Final | T175 | U7 Girls | 50M Sprint | Final |
| T126 | U14 Girls | 3000M Run | Final | T176 | U7 Boys | 50M Sprint | Final |
| T127 | U15 Boys | 3000M Run | Final | T177 | U8 Girls | 70M Sprint | Final |
| T128 | U15 Girls | 3000M Run | Final | T178 | U8 Boys | 70M Sprint | Final |
| T129 | U17 Boys | 3000M Run | Final | T179 | U9 Girls | 70M Sprint | Final |
| T130 | U17 Girls | 3000M Run | Final | T180 | U9 Boys | 70M Sprint | Final |
| T131 | U8 Girls | 700M Pack Start | Final | T181 | U10 Girls | 70M Sprint | Final |
| T132 | U8 Boys | 700M Pack Start | Final | T182 | U10 Boys | 70M Sprint | Final |
| T133 | U7 Girls | 500M Pack Start | Final | T183 | U7-U17 Girls | AWD 100M Sprint | Final |
| T134 | U7 Boys | 500M Pack Start | Final | T184 | U7-U17 Boys | AWD 100M Sprint | Final |
| T135 | U13 Girls | 200M Hurdles | Final | T185 | U11 Girls | 800M Run | Final |
| T136 | U13 Boys | 200M Hurdles | Final | T186 | U11 Boys | 800M Run | Final |
| T137 | U14 Girls | 200M Hurdles | Final | T187 | U12 Girls | 800M Run | Final |
| T138 | U14 Boys | 200M Hurdles | Final | T188 | U12 Boys | 800M Run | Final |
| T139 | U15 Girls | 300M Hurdles | Final | T189 | U13 Girls | 800M Run | Final |
| T140 | U15 Boys | 300M Hurdles | Final | T190 | U13 Boys | 800M Run | Final |
| T141 | U17 Girls | 300M Hurdles | Final | T191 | U14 Girls | 800M Run | Final |
| T142 | U17 Boys | 300M Hurdles | Final | T192 | U14 Boys | 800M Run | Final |
| T143 | U7 Girls | 50M Sprint | Heats | T193 | U15 Girls | 800M Run | Final |
| T144 | U7 Boys | 50M Sprint | Heats | T194 | U15 Boys | 800M Run | Final |
| T145 | U8 Girls | 70M Sprint | Heats | T195 | U17 Girls | 800M Run | Final |
| T146 | U8 Boys | 70M Sprint | Heats | T196 | U17 Boys | 800M Run | Final |
| T147 | U9 Girls | 70M Sprint | Heats | T197 | U10 Girls | 800M Run | Final |
| T148 | U9 Boys | 70M Sprint | Heats | T198 | U10 Boys | 800M Run | Final |
| T149 | U10 Girls | 70M Sprint | Heats | T199 | U9 Girls | 800M Run | Final |
| T150 | U10 Boys | 70M Sprint | Heats | T200 | U9 Boys | 800M Run | Final |
| T151 | U11 Girls | 200M Run | Heats | T201 | U8 Girls | 200M Run | Final |
| T152 | U11 Boys | 200M Run | Heats | T202 | U8 Boys | 200M Run | Final |
| T153 | U12 Girls | 200M Run | Heats | T203 | U7 Girls | 200M Run | Final |
| T154 | U12 Boys | 200M Run | Heats | T204 | U7 Boys | 200M Run | Final |
| T155 | U13 Girls | 200M Run | Heats | T205 | U11 Girls | 200M Run | Final |
| T156 | U13 Boys | 200M Run | Heats | T206 | U11 Boys | 200M Run | Final |
| T157 | U10 Girls | 200M Run | Heats | T207 | U12 Girls | 200M Run | Final |
| T158 | U10 Boys | 200M Run | Heats | T208 | U12 Boys | 200M Run | Final |
| T159 | U9 Girls | 200M Run | Heats | T209 | U13 Girls | 200M Run | Final |
| T160 | U9 Boys | 200M Run | Heats | T210 | U13 Boys | 200M Run | Final |
| T161 | U8 Girls | 200M Run | Heats | T211 | U14 Girls | 200M Run | Final |
| T162 | U8 Boys | 200M Run | Heats | T212 | U14 Boys | 200M Run | Final |
| T163 | U7 Girls | 200M Run | Heats | T213 | U15 Girls | 200M Run | Final |
| T164 | U7 Boys | 200M Run | Heats | T214 | U15 Boys | 200M Run | Final |
| T165 | U14 Girls | 200M Run | Heats | T215 | U17 Girls | 200M Run | Final |
| T166 | U14 Boys | 200M Run | Heats | T216 | U17 Boys | 200M Run | Final |
| T167 | U15 Girls | 200M Run | Heats | T217 | U10 Girls | 200M Run | Final |
| T168 | U15 Boys | 200M Run | Heats | T218 | U10 Boys | 200M Run | Final |
| T169 | U17 Girls | 200M Run | Heats | T219 | U9 Girls | 200M Run | Final |
| T170 | U17 Boys | 200M Run | Heats | T220 | U9 Boys | 200M Run | Final |
| T171 | Junior Girls | Relay | Final | | | | |
| T172 | Junior Boys | Relay | Final | | | | |



Please support the McDonalds Stores that support Little Athletics on the Central Coast!

- Bateau Bay
- Gosford Imperial
- Mingara
- Westfield Tuggerah
- Wyong
- F3 North & South



Have your medals engraved here for a discounted price from ATB Trophies Bateau